

GEORGE SHEFFIELD

George Sheffield was born in Hollywood and raised around Los Angeles, where he and his father both had the opportunity to work as extras in movies and TV sitcoms.

He attended the College of the Desert and won a basketball scholarship to Cal Poly. In 1969 he graduated and has remained in the Central Coast area ever since. He has four sons by his first wife, a stepdaughter, and three grandchildren. All four of his sons graduated Cal Poly and live in the County.

George has had a dual career. One as a County employee, working as a Probation Officer and with at-risk youth and disabled adults, and two as the owner of an antique store in Cayucos. For over 40 years he restored furniture, and after stripping and refinishing it, sold it in his shop. Currently, he continues as an antique dealer part-time, specializing in Native American jewelry and participating in auctions in a professional capacity.

Semi-Retired in Los Osos, he enjoys travelling twice a year with his wife, Christina. They have wonderful memories of visiting the National Parks of Utah and are now considering a trip to New England to see the autumn colors. One of their favorite annual trips is to the Monterey Jazz Festival to enjoy the Blues and Jazz.

George learned to play bridge in High School by the Goren system. About eight years ago, he resumed play and had to re-learn the whole game. He is now a Life Master and enjoys the game four times a week.

Hs advice to new players would be "Keep reviewing and ask questions".